

Menu

Week Four



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------|-----------------------------------------------|--------------------------------------------|----------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------------|
| Breakfast | A selection of cereals, toast and yoghurts | A selection of cereals, toast and yoghurts | A selection of cereals, toast and yoghurts | A selection of cereals, toast and yoghurts | A selection of cereals, toast and yoghurts |
| Morning Snack | Rice cake, fresh slices of apples and oranges | Banana, pears, Clementine slices | Cheese straws, fresh Orange slices and raisins | Carrots, pepper, cucumber and hummus | Bread sticks fresh cucumber with dips |
| Drinks | Milk/water | Milk/water | Milk/water | Milk/water | Milk/water |
| Lunch Main | Chicken nuggets, chips and baked beans | Mexican chilli mince with rice | Chicken roast dinner with vegetables and onion gravy | Creamy tomato and herb pasta bake and fresh vegetable | Homemade fish cake with brokenly and new baby potatoes |
| Lunch Vegetarian | Quorn chicken nuggets, chips and baked beans | Quorn chilli and rice with fresh vegetable | Roasted Quorn with all the roasted trims and onion gravy | As above | As above |
| Pudding | Fruit cocktail and cream | Sponge cake and custard | Strawberry angel delights | Fruit crumble and custard | Jelly and Ice cream |
| Drinks | Milk/water | Milk/water | Milk/water | Milk/water | Milk/water |
| Afternoon Snack | Raisins with different slices of fresh fruits | Rice cake with pineapple sliced | Bread Sticks & Dips | Selection of fresh fruits | Pita bread with hummus |
| Tea | Cheese & Crackers and fresh fruit | Wraps with Ham & cheese and fruit | Ham and chicken sandwiches and fruit | Sausage Rolls Cheese and onion rolls and fruit | Cheese Pizza and fresh fruit |