

# Menu

## Week one



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	A selection of cereals, toast, yoghurts. Orange juice/Milk/Water	A selection of cereals, toast, yoghurts. Orange juice/Milk/Water	A selection of cereals, toast, yoghurts. Orange juice/Milk/Water	A selection of cereals, toast, yoghurts. Orange juice/Milk/Water	A selection of cereals, toast, yoghurts. Orange juice/Milk/Water
<b>Morning snack</b>	Cucumber stick, Fresh fruit and Rich tea biscuit	Fresh fruit, Raisins and bread sticks	Fresh fruit, pitta bread with houmous	Fresh Fruit, Raisins and Ritz biscuits	Fresh fruit, Rice cakes.
<b>Morning drinks</b>	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk
<b>Lunch Main</b>	Fish fingers, chips and peas	Winter vegetable Pasta Bake with homemade sauce	Roast chicken, roast potatoes, homemade Yorkshire puddings, vegetables and gravy	Mince Lasagne with homemade sauce, Carrots and broccoli.	Chicken nuggets, Homemade herb potatoes and baked beans
<b>Lunch Vegetarian</b>	Fish fingers, chips and peas	Winter vegetable Pasta Bake with homemade sauce	Quorn chicken, roast potatoes, homemade Yorkshire puddings, vegetables and homemade gravy	Quorn Mince Lasagne, homemade sauce Carrots and broccoli	Quorn Chicken nuggets, Homemade herb potatoes and baked beans
<b>Lunch Dessert</b>	Strawberry Yoghurts	Homemade Sponge cake and custard	Fruit cocktail	Strawberry Angel delights	Homemade jam tart
<b>Snack</b>	Fresh fruit and Raisins	Fresh fruit, Cucumber sticks and dips	Fresh fruit and Rich tea biscuits	Fresh fruit and Rice Cakes	Fresh fruit and popcorn
<b>Drinks</b>	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk
<b>Tea</b>	Hot Dogs with Ketchup and fresh fruit	Chicken and cheese sandwiches and fresh fruit	Cheese & Crackers and fresh fruit	Pitta Bread with Ham & Cheese and fresh fruit	Sausage Rolls, cheese/onion rolls and fresh fruit

