

Menu

Week Two



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------|---|--|--|--|---|
| Breakfast | A selection of cereals, toast and yoghurts | A selection of cereals, toast and yoghurts | A selection of cereals, toast and yoghurts | A selection of cereals, toast and yoghurts | A selection of cereals, toast and yoghurts |
| Morning Snack | Breadstick with fresh cucumber finger | Variety of fresh fruits slices | Cracker bread with fresh sliced of pears and Raisins | Fresh grapes or apple slices | Pitta bread with hummus, fresh pepper and carrot sliced |
| Drink | Milk/water | Milk /water | Milk/water | Milk/water | Milk/water |
| Lunch Main | Spaghetti Bolognaise with homemade tomato sauce | Toad in the Hole with Herby Potato and fresh vegetable | Chicken Tikka masala with white rice and fresh vegetable | Pasta bake with winter vegetables and homemade souce | Fish fingers, chips and beaked beans |
| Lunch Vegetarian | Spaghetti Bolognaise with Quorn meat | Vegetable sausages with herby potato and fresh vegetable | Quorn chicken tikka masala with white rice and fresh vegetable | Same as above | Same as above |
| Pudding | Jelly and Ice cream | Fruit Cocktail | Angel Delight | Different flavoured of yoghurts | Chocolate Chip Cake and custard |
| Afternoon Snack | Raisins and fresh cherry tomatoes | Bread Sticks & Dips | Cucumber, carrot and celery sticks with hummus | Oranges slices with apple and banana | Rice Cakes with fresh fruit platter |
| Drink | Milk/water | Milk/water | Milk/water | Milk/water | Milk/water |
| Tea | Sausages rolls & fresh fruits | Wraps with cheese and cucumber sliced & fruits | Ham and chicken sandwich and fresh fruits | Crackers & Cheese and fruit sliced | Pizza slices & fresh fruits sliced |