

# Menu

## Week Three



	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	A selection of cereals, toast and yoghurts	A selection of cereals, toast and yoghurts	A selection of cereals, toast and yoghurts	A selection of cereals, toast and yoghurts	A selection of cereals, toast and yoghurts
<b>Snack</b>	Pitta Bread with Hummus And sliced oranges	Different varieties of fresh fruit slices	Rice cake with sliced ham and fresh apples	Carrots, peppers and cucumber sliced	Raisins, cucumber and pineapple sliced
<b>Drink</b>	Milk/water	Milk/water	Milk/water	Milk/water	Milk/water
<b>Lunch</b>	Chicken Nuggets, Chips & spaghetti hoops	Meatball with pasta in homemade tomato sauce	Chicken curry and brown rice and fresh vegetable	Creamy chicken pasta bake with a breadcrumb topping vegetables	Homemade fish cakes, oven baked wedges and peas
<b>Lunch vegetarian</b>	Quorn chicken breast, chips and spaghetti hoops	Quorn meatballs with pasta in homemade sauce	Linda McCartney sausages rolls with new potatoes	Vegetarian pasta bake	Same as above
<b>Pudding</b>	Strawberry Angel Delight	Fairy cake with custard	Fruit Cocktail	Yoghurts	and custard
<b>Drinks</b>	Milk/water	Milk/water	Milk/water	Milk/water	Milk/water
<b>Snack</b>	Raisins	Rice cake	Bread Sticks	Grapes slices	Bread stick & dips
<b>Tea</b>	Scrambled Egg on toast and fruit	Cheese & Crackers and fruit	Wraps With Ham & Cheese and fruit	Sausages Rolls and fruit	Chicken Sandwiches and fruit